

CITY OF BURIEN, WASHINGTON MEMORANDUM

DATE: October 19, 2011

TO: Burien Planning Commission

FROM: Dori Babcock, Management Analyst

SUBJECT: Public Hearing and Possible Recommendation on Draft Comprehensive Plan
Communities Putting Prevention to Work, Healthy Eating Active Living Language

PURPOSE

The purpose of this agenda item is for the Planning Commission to conduct a public hearing on the draft Communities Putting Prevention to Work, Healthy Eating Active Living policies as part of the 2011 Comprehensive Plan Update. No action is required; however following the public hearing the Commission may make a recommendation to the City Council if so inclined. You will need to take action not later than your November 8th meeting.

BACKGROUND

March 2010 marked the launch of Communities Putting Prevention to Work (CPPW), a national initiative to prevent chronic disease and promote community health through policy, systems and environment changes. Public Health Seattle-King County (PHSKC) was one of 55 sites throughout the United States awarded grant funding through the Centers for Disease Control & Prevention (CDC). This initiative is addressing obesity and tobacco use, the leading causes of preventable death in our region.

At the Commission's April 12th meeting Dori Babcock, management analyst, explained the Healthy Eating Active Living (HEAL) grant.

We know that overall King County is fairly healthy, yet people in the highline region live 7 years less than those in other areas. The highline region also has higher rates of obesity and diabetes and less leisure time physical activity. The City of Burien along with the Cities of SeaTac, Des Moines and Normandy Park applied to King County Public Health for some of the grant funding to address the need of our communities to be more physically active and have better access to healthy food through integrating health into the comprehensive and functional city plans. These vehicles provide an opportunity to address the context in which community members make decisions about their health, such as driving versus walking and biking, not to mention if their destination is walking distance to their home.

Burien was awarded \$200,000.00 in grant funding and began the work of assessing opportunities for mobility (sidewalks, safe routes to school etc.) and access to healthful food in July 2010.

NEXT STEPS

Following the public hearing, the Planning Commission may choose to take action or defer action until your next scheduled meeting on November 8, 2011. If the Commission elects to make a recommendation to the City Council at this meeting the following suggested motion may be used:

I move the Planning Commission recommend to the City Council approval of the Comprehensive Plan Communities Putting Prevention to Work, Healthy Eating Active Living language.

If you have any questions before the meeting, please contact me by e-mail at dorib@burienwa.gov .

Attachment: Proposed Comprehensive Plan Communities Putting Prevention to Work, Healthy Eating Active Living Language

PROPOSED COMPREHENSIVE PLAN LANGUAGE

(Communities Putting Prevention to Work, Healthy Eating Active Living)

(Introduction paragraph 2 page 2-1)

A sustainable community is a place where people want to settle and live. It is also a community where members have an environment that promotes public health and vitality of the community and where quality residential neighborhoods and commercial areas attract and retain long-term businesses and shoppers. In a sustainable community, the pattern and quality of development is more important than the amount of growth. In older, more developed communities like Burien, the framework and tradition for a compact and efficient community is well established - the plan builds on this asset.

Policy HC X.X

Burien promotes and supports the health of all community members through healthy and active planning for physical activity and nutrition.

Policy HC X.X

Develop public, private and non-profit partnerships to support the goal of healthy eating and active living, including education, awareness, enforcement and development partnerships.

Parks and Open Spaces Element

Goal PRO X.X

Maintain, create and implement a comprehensive system of parks and open spaces that respond to the recreational, cultural, environmental and aesthetic needs and desires of the City's community members.

Policy PRO X.X

Provide parks design, programming and planning to promote healthy eating and active living.

Capital Facilities Element

Goal CF X.X

Develop and implement an effective strategy that includes public health and safety to balance land use with capital facility development.

Policy CF X.X

Site and design public facilities to protect and promote public health, particularly in areas housing vulnerable populations.

Economic Element

Goal ED X.X

Create an environment that will strengthen the health and economic vitality of businesses and their employees within the City of Burien.

Section 1.4 Glossary of Terms

Complete Streets: Roadways designed and operated to enable safe, attractive, and comfortable access and travel for all users, including, but not limited to, pedestrians, bicyclists, motorists and transit riders of all ages and abilities. Specific aspects of a complete street are dependent on the context in which the roadway is located (urban, rural, heavy traffic volume, numerous pedestrian destinations, etc.), and may include: sidewalks, bike lanes (or wide paved shoulders), special bus lanes, comfortable and accessible transit stops, frequent crossing opportunities, median islands, accessible pedestrian signals, curb extensions, and more.

Low Impact Development: A stormwater management strategy that emphasizes conservation and use of existing natural site features integrated with distributed, small-scale stormwater controls to closely mimic natural hydrologic patterns in residential, commercial, and industrial settings.

Vulnerable population: Those population segments identified to be especially at risk in a public health emergency as defined by Seattle King County Public Health.

Public Health: Public Health is the science and art of protecting and improving the health of communities through education, promotion of healthy lifestyles and research for disease and injury prevention.

Health: Health is a state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity.